

Mississippi Senior Olympics

March–May, 2019

OPENING CEREMONY*

March 29, Point Cadet Plaza, 5-8 p.m.

CELEBRATION OF ATHLETES*

May 3, Point Cadet Plaza, 5-8 p.m.

*In case of inclement weather, events will be at Dr. Frank G. Gruich Sr. Community Center.

Participants must be 50+.

Fees apply.

For more information, contact: Events Coordinator – Don Cross

Email: crossdon32@gmail.com • Phone: 228-223-4951

Website: www.msseniorolymp.org



This is not a registration form. Register online at www.msseniorolymp.org.

To request registration information by mail, complete form below and mail to:

Mississippi Senior Olympics, P.O. Box 6556, D'Iberville, MS 39540 or, email request to crossdon32@gmail.com.

Deadline: March 5, 2019

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____ Email: _____

Age Group (as of Dec. 31, 2019):

- 50-54
- 60-64
- 70-74
- 80-84
- 55-59
- 65-69
- 75-79
- 85+

Events:

- 5K/10K Run/Walk
- 1500M/5K Racewalk
- 1500M/5K Power Walk
- Archery
- Badminton
- Basketball
- Bocce Ball
- Bowling
- Cycling (Register by Sept. 1, 2019)
- Darts
- Disc Golf
- Golf
- Horseshoes
- Pickleball
- Racquetball
- Shuffleboard
- Swimming
- Table Tennis
- Tennis
- Track & Field
- Triathlon
- Volleyball

Visit MS Senior Olympics on Facebook:

<https://www.facebook.com/Mississippi-Senior-Olympics-339050946145546/>

MSO 2019 is not a qualifying year for the National Senior Games.

Our MSO operates under the guidelines set by the National Senior Games Association (NSGA). The NSGA holds the National Senior Games semi-annually with over 10,000 senior competitors. We anticipate 800 senior athletes to participate in the events offered on the Mississippi Gulf Coast in March through May 2019.



Visit online at
biloxi.ms.us

