

PARTICIPANT INFORMATION SHEET



The following are the scheduled starting times for each event:

Wednesday, August 5

3:00pm - 6:00pm -- Check-in, Peterson Senior Activity Center

Thursday, August 6

6:30am-7:00pm -- Check-in, Peterson Senior Activity Center
8:00am -- Golf, Meadowlark Hills Golf Course (Shotgun start)
10:00am -- Doubles Table Tennis, Horizon Middle School
11:00am -- Mixed Doubles Table Tennis, Horizon Middle School
12:30pm -- Singles Table Tennis, Horizon Middle School
1:30pm -- Disc Golf, Centennial Park (meet in front of swimming pool)
4:30pm -- Track & Field, Horizon Middle School, Order of Events: Discus (5:00pm), 50 Meter Dash (5:30pm), 800 Meter Run (6:00pm), 100 Meter Dash (6:30pm), 1500 Meter Race/Power Walk (7:00pm), Javelin (7:00pm)

Friday, August 7

6:30am-5:00pm -- Check-in, Peterson Senior Activity Center
8:30am -- Track & Field, Horizon Middle School, Order of Events: 5000 Meter Race/Power Walk (8:30am), Shot Put (8:30am), Long Jump (9:00am), 400M Dash (9:30am), Triple Jump (10:00am), 1500 Meter Run (10:15am), 200 Meter Dash (10:30am)
10:00am -- Doubles Badminton, Horizon Middle School
11:30am -- Mixed Doubles Badminton, Horizon Middle School
1:30pm -- Singles Badminton, Horizon Middle School
1:30pm -- Tennis Doubles, Harmon Courts
3:00pm -- Mixed Doubles Bowling, Big Apple

Saturday, August 8

6:15am-5:00pm -- Check-in, Peterson Senior Activity Center
7:00am -- 5K Cycling, The Archway
7:30am -- 5K Road Race, Yanney Park
8:00am -- Singles Tennis, Harmon Tennis Courts
8:30am -- 40K Cycling, The Archway
9:00am -- Swimming, Harmon Pool (warm-up begins at 8:30am) Order of Events: 100M Butterfly, 200M Freestyle, 50M Breaststroke, 100M Backstroke, 400M Individual Medley, 100M Breaststroke, 200M Backstroke, 100M Individual Medley, 50M Freestyle, 200M Butterfly, 50M Backstroke, 200M Individual Medley, 50M Butterfly, 100M Freestyle, 200M Breaststroke, 400M Freestyle
11:00am -- Doubles Bowling, Big Apple
11:00am-12:00pm -- Basketball Free-Throw & Hot Shot, Horizon Middle School
1:00pm -- Cornhole, Horizon Middle School
1:00pm -- Tennis Mixed Doubles, Harmon Courts
2:00pm -- Bowling Singles, Big Apple
4:00pm -- Doubles Pickleball, Harvey Park Pickleball Courts

Sunday, August 9

6:15am-1:00pm -- Check-in, Peterson Senior Activity Center
7:00am -- 10K Cycling, The Archway
7:30am -- 10K Road Race, Cottonmill Park Lodge
8:00am -- Mixed Doubles Pickleball, Harvey Park Pickleball Courts
8:30am -- 20K Cycling, The Archway
10:30am -- Singles Pickleball, Harvey Park Pickleball Courts
1:00pm -- Horseshoes, Buffalo County Fairgrounds

Please note the changes in time that are highlighted.

Please check in at all events no later than 15 minutes prior to the scheduled starting time. Failure to check-in on time may forfeit your opportunity to participate.

Medals will be awarded at each event site. Medals that are not picked-up on site will be available at the Senior Center.



In case of **BAD WEATHER**, please call the 4-INFO line at **234-4636 ext. 4113** to hear postponement information.
If in doubt, please go to your event.



Facility Fees:

- Please remember that "facility fees" are required for the following sports:
Bowling: \$1.00 per game
Golf: \$20.00 plus tax (green fees, cart and range balls included)

Sport Coordinators:

Bowling: Kenny Owen/ Kiane Alberts
Cycling: Justin Diestler
Horseshoes: Samantha Hahn
5K Road Race: Jade Brown
Tennis: Matthew Case
Pickleball: Jade Brown
Golf: Dave James
Badminton: Rylan Little

Disc Golf: Kiane Alberts
10K Road Race: Kiane Alberts
Track & Field: Jade Brown
Cornhole: Blake Schroeder
Table Tennis: Rylan Little
Swimming: Kiane Alberts
Free-throw/Hot Shot: Jade Brown

Participation statistics from the past sixteen years:

1997 – 171	*1998 – 249	1999 – 237	*2000 – 295	2001 – 253	*2002 – 364	2003 – 292
*2004 – 339	2005 – 262	*2006 – 325	2007 – 251	*2008 – 316	2009 – 207	*2010 – 331
2011 – 214	*2012 – 373	2013 – 339	*2014 – 404	2015 – 310	*2016 – 404	2017 – 288
*2018 – 389	2019 – 307	*2020 – 303				

(* indicates national qualifying year)

General Information:

- Medals will be presented to the 1st, 2nd and 3rd place finishers in each age category at the event venue.
- The Nebraska Senior Games is "OPEN" to out-of-state residents.
- Competition must take place to determine an award winner. If there is only one individual entered in an age group, that athlete must enter and complete the event in order to receive a medal. That athlete will be placed in the closest age category to compete with, but not against, those athletes.
- This is a qualifying year for Nationals in Fort Lauderdale, Florida November 5-18, 2021.

The Nebraska Senior Games are coordinated by:



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Special Thanks to: The Big Apple Fun Center, Meadowlark Hills Golf Course, The Archway, Kearney Public Schools, Kearney Catholic School, Buffalo County Fairgrounds, Peterson Senior Activity Center, Kearney Family YMCA and the numerous volunteers, and all the athletes who donated money to enhance the Games.

REMEMBER...

**THE MOST IMPORTANT THING IN THE SENIOR GAMES IS NOT TO WIN BUT TO TAKE PART,
JUST AS THE MOST IMPORTANT THING IN LIFE IS NOT THE TRIUMPH BUT THE STRUGGLE.
THE ESSENTIAL THING IS NOT TO CONQUER BUT TO HAVE FUN!**



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