

CYCLING: (MW)

Commissioner: **MATT SEELEY**

Site: **VALLEY VIEW SCHOOL at 42448 VALLEY VIEW RD, POLSON**

FRIDAY JUNE 15 40K Road Race

5K Time Trials

Bib #s required.

age code	distance	time	fees
A CY40K	40K	9:00 AM	\$4.00
(AWARDS following road race)			
A CYC5K	5K(time trial)	11:00 AM	\$4.00

SATURDAY JUNE 16 20K Road Race
10K Time Trials

A CY20K	20 K	9:00 AM	\$4.00
(AWARDS following road race)			
age code	distance	time	fees
A CY10K	10 K(time trial)	10:30AM	\$4.00

USCF RULES. No bullhorn Bars.

Helmets are mandatory. Bikes must have safety Check before first event. Multi gear (free wheel)Bikes with front and rear brakes are required. Participants must supply own equipment and are urged to watch for traffic and pot holes (marked with paint). Check map for directions. Required numbers for participation can be picked up at RED LION INN check-in SITE.