

POWERLIFTING COMPETITION AGES 50+

DETROIT
D
BARBELL



**Michigan
Senior
Olympics**

SUNDAY, AUGUST 11
(BENCH PRESS & DEADLIFT) 12PM

Location: Strength Depot

736 Junction St, Plymouth, MI 48170

**Athletes will be awarded based on 5 year age
groups and weight divisions.**

**How to Register: Please call 248-608-0252 or
visit: www.michiganseniorolympics.org**

REGISTRATION DEADLINE: July 19, 2019