

Featuring
50 and
UP
Michigan Athletes



**Michigan
Senior
Olympics**



TRIATHLON



swim



bike



run

AGES 50+

AUGUST 11, 2019

Location: Oakland University

2200 N. Squirrel Rd., Rochester, MI 48309

**Age Groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
80-84, 85-89, 90-94, 95-99, 100+**

**How to Register: Please call 248-608-0252 or visit our
website at www.michiganseniorolympics.org**

REGISTRATION DEADLINE: JULY 19, 2019

Michigan Senior Olympics is a 501 (c) 3 non-profit organization.

This sport is governed by the National Senior Games Association. For official rules visit: www.nsga.com