



**10TH ANNUAL  
MARY BOES**



**5K RUN  
and  
WALK**

**SATURDAY, JUNE 22, 2019**

**ALL AGES WELCOME TO PARTICIPATE!  
FREE SNACKS & REFRESHMENTS AVAILABLE!**

LOCATION: OPC SENIOR CENTER, 650 LETICA DR., ROCHESTER, MI 48307

COURSE: FLAT ALONG CLINTON RIVER TRAIL, ONE HILL

RACE TIME: 9:00AM (REGISTRATION OPENS AT 8:15AM)

COST: \$20 (PRE-REGISTERED) OR \$25 (DAY OF RACE)

Awards given in 10 year age groups for runners. This is NOT a chip-timed event.  
Proceeds benefit the Michigan Senior Olympics a 501(c)3 non-profit organization.

TO REGISTER PLEASE CALL MICHIGAN SENIOR OLYMPICS  
(248) 608-0252 or (248) 608-0250    [becky@michiganseniorolympics.org](mailto:becky@michiganseniorolympics.org)  
[WWW.MICHIGANSENIOROLYMPICS.ORG](http://WWW.MICHIGANSENIOROLYMPICS.ORG)



# 10TH ANNUAL MARY BOES 5K FUN RUN/WALK

**ALL AGES WELCOME TO PARTICIPATE!**

**DATE: Saturday, June 22, 2019**

**TIME: 9:00AM** (Registration starts at 8:15am)

**LOCATION: OPC, 650 Letica Dr., Rochester, MI**

**COST: \$20** (Pre-registered) or **\$25** (Day of Race)

**COURSE: Flat, along Clinton River Trail, one hill**

- T-Shirt for participants who register by June 7th
- Awards in 10-year age groups for runners
- This is NOT a chip timed event.
- Snacks & Refreshments

## REGISTRATION FORM FOR MARY BOES 5K Fun Run/Walk

LAST Name \_\_\_\_\_ FIRST Name \_\_\_\_\_

Address \_\_\_\_\_ Birthdate \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**SELECT DIVISION:**

- MALE  
 FEMALE

**TIMED:**

- YES  
 NO

**SHIRT SIZE:**

- SMALL  
 MEDIUM  
 LARGE  
 X-LARGE  
 2X-LARGE

**ENTRY FEE:**  \$20 PRE-REGISTRATION  
 \$25 RACE DAY REGISTRATION

**ADDITIONAL DONATION:**  
*(if desired)*  
 \$ \_\_\_\_\_

Check payable to: Michigan Senior Olympics

Charge: (Circle One)    Visa    MasterCard

Amount \$ \_\_\_\_\_ Name on Card \_\_\_\_\_

Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

***WAIVER:** In acceptance of my registration for the Mary Boes 5K Fun Run/Walk, I hereby release MSO and all participating groups, sponsors and persons officially connected with this event from any and all injury or damage whatsoever from my participation.*

**Signature of applicant or parent/legal guardian (if under 18 years of age):**

NAME \_\_\_\_\_ DATE \_\_\_\_\_

**Mail registration form to: Michigan Senior Olympics, 650 Letica Dr., Rochester, MI 48307**  
**Register by phone: (248) 608-0252 or (248) 608-0250**