

# POWERLIFTING COMPETITION

## AGES 50+



**MSO**  
MICHIGAN SENIOR OLYMPICS

**CrossFit DV8**  
NOT YOUR USUAL

**SUNDAY, AUGUST 12**  
(BENCH PRESS & DEADLIFT) 1PM

**Location: CrossFit DV8**

**528 N. Main St., Rochester, MI 48307**

**Athletes will be awarded based on 5 year age groups and weight divisions.**

**How to Register: Please call 248-608-0252**

**REGISTRATION DEADLINE: July 20, 2018**

**Participants will receive medals for 1st-3rd place, and will have the opportunity to make it into the record books!**