

# POWERLIFTING COMPETITION

## AGES 50+



**MSO**  
MICHIGAN SENIOR OLYMPICS

**CrossFit DV8**  
NOT YOUR USUAL

**FEBRUARY 12, 2018**  
(BENCH PRESS & DEADLIFT) 10AM

**Location: CrossFit DV8**

**528 N. Main St., Rochester, MI 48307**

**Age Groups: 50-54, 55-59, 60-64, 65-69, 70-74,  
75-79, 80-84, 85-89, 90-94, 95-99, 100+**

**How to Register: Please call 248-608-0252**

**REGISTRATION DEADLINE: January 19, 2018**

**Participants will receive medals for 1st-3rd place, and will  
have the opportunity to make it into the record books!**