

# 2019 BASKETBALL

## HOTSHOT AND FREE THROW + 3 POINTSHOT

### EVENTS

- Basketball Hotshot
- Free Throw + 3-Point Shot

### DATES

Sunday, February 10, 2019

### TIME

Men check in at 9:00 AM. Competitions begin at 10:00 AM. Women check in at 12:30 PM Competition at 1:30 PM Entry confirmation and proof of age is required at check in. Hotshot will be held first and Free Throw / 3-Point will commence immediately after all Hotshot competitors have finished.

### SITE

TBA

### AMENITIES

Restrooms: Yes Locker Rooms: No Phones: \$ Food: \$ Water: Yes

### FEE

Early Bird Reg.: \$28.00 Registration fee + \$5.00 Sport fee per event by Dec. 15, 2018.  
Late Reg.: \$35.00 + \$5.00 Sport fee per event from Dec. 16, 2018 thru Jan. 6, 2019.  
Mail In: Add \$10.00 (incl. addl. processing fee). **Postmarked by 12/31/18.**  
Payment can be made by check, or credit card (VISA, MasterCard or Discover).

### REGISTRATION DEADLINE

Sunday, January 6, 2019.

### ENTRY REQUIREMENTS

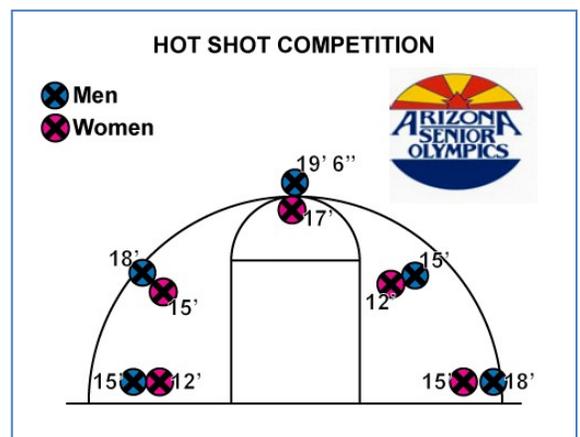
1. Official size balls will be used and will meet national standards.
2. Only the ASO official balls may be used to compete. They may be used by athletes to warm up.

### FORMAT

1. Men's and Women's divisions.
2. Competition will be in 5-year age groups: 50-54, 55-59, 60-64, etc.
3. Gold, silver, and bronze medals will be awarded in each age group to the three highest scores. Multiple medals will be awarded for ties. Medals will be presented at the end of the competition. An Overall Hot Shot Medal will be awarded to one man and one woman with the highest combined scores of their two Hot Shot rounds.

### HOT SHOT RULES

1. Athletes will be allowed two one-minute rounds to make as many baskets as possible from any of the 5 designated spots. Competition will start under the basket in a lay-up spot.
2. Each basket is worth 1-5 points, depending on the spot from which it was taken. Men: Lay-up (1 point); 15' shots (3 points); 18' shots (4 points); 20' shots (5 points)  
Women: Lay-up (1 point); 12' shots (3 points); 15' shots (4 points); 17' shots (5 points)
3. Consecutive shots are allowed from any spot except the lay-up spot.
4. A 15-point bonus will be awarded if a shooter attempts a shot from each one of the designated spots during a round. This bonus is awarded only once per one-minute round.
5. The best single round determines athlete's score.
6. Athletes must rebound their own shots.



(continued)

**FREE THROW + 3-POINT SHOT RULES**

1. Each athlete will first shoot 25 free throws and will earn 1 point for each basket made.
2. Each athlete will then shoot 6 shots from behind the 3 Point Line and will earn 3 points for each basket made. Five 3- point spots will be marked, and the shooter must use all five of the designated spots. The 6th shot may be taken from any of the five spots.
3. At the start of both free throw and 3-point rounds, participants are allowed two practice shots. If one of those is made, the participant has the option of starting with that shot.
4. Points for Free throws and 3-Point Shots will be added for a final, combined score. A combined total of 43 points is possible.
5. Athletes may use their own rebounders, but the athletes who are “next up” and just finished are encouraged to assist.

**SPORT COMMISSIONER**

For more information call 602-274-7742

